2 In the Matter of: 3 Rebecca J. Tolman, LCSW-13050, CASE NO. 2021-0112 Licensed Clinical Social Worker, 4 In the State of Arizona. **RELEASE FROM NON-DISCIPLINARY CONSENT AGREEMENT AND ORDER** 5 RESPONDENT 6 7 The Board received a request from Respondent to release them from the terms and conditions of the Non-Disciplinary Consent Agreement and Order dated July 28th, 2021. After 8 consideration, the Board voted to release Respondent from the terms and conditions of the 9 Non-Disciplinary Consent Agreement and Order dated July 28th, 2021. 10 <u>ORDER</u> 11 GOOD CAUSE APPEARING, IT IS THEREFORE ORDERED THAT: 12 Respondent is hereby released from all terms and conditions of the Non-Disciplinary 13 Consent Agreement and Order dated July 28th, 2021. 14 Oct 13, 2021 By: 15 TOBI ZAVALA, Executive Director Date 16 Arizona Board of Behavioral Health Examiners 17 Oct 13, 2021 **ORIGINAL** of the foregoing filed 18 with: 19 Arizona Board of Behavioral Health Examiners 1740 West Adams Street, Suite 3600 20 Phoenix, AZ 85007 Oct 13, 2021 21 **EXECUTED COPY** of the foregoing sent electronically 22 Rebecca J. Tolman 23 Address of Record Respondent 24 25

BEFORE THE ARIZONA STATE BOARD OF BEHAVIORAL HEALTH EXAMINERS

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BEFORE THE ARIZONA BOARD OF BEHAVIORAL HEALTH EXAMINERS

In the Matter of:

Rebecca J. Tolman, LCSW-13050, Licensed Clinical Social Worker, In the State of Arizona.

Respondent

CASE NO. 2021-0112

NON-DISCIPLINARY CONSENT AGREEMENT

In the interest of a prompt and speedy settlement of the above captioned matter, consistent with the public interest, statutory requirements and responsibilities of the Arizona State Board of Behavioral Health Examiners ("Board"), and pursuant to A.R.S. §§ 32-3281(D)(3) and 41-1092.07(F)(5), Rebecca J. Tolman ("Respondent") and the Board enter into this Non-Disciplinary Consent Agreement, Findings of Fact, Conclusions of Law and Order ("Consent Agreement") as a final disposition of this matter.

RECITALS

Respondent understands and agrees that:

- Any record prepared in this matter, all investigative materials prepared or received by the Board concerning the allegations, and all related materials and exhibits may be retained in the Board's file pertaining to this matter.
- 2. Respondent has the right to a formal administrative hearing at which Respondent can present evidence and cross examine the State's witnesses. Respondent hereby irrevocably waives their right to such formal hearing concerning these allegations and irrevocably waives their right to any rehearing or judicial review relating to the allegations contained in this Consent Agreement.
- 3. Respondent has the right to consult with an attorney prior to entering into this Consent Agreement.

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- 4. Respondent acknowledges and agrees that upon signing this Consent Agreement and returning it to the Board's Executive Director, Respondent may not revoke their acceptance of this Consent Agreement or make any modifications to it. Any modification of this original document is ineffective and void unless mutually approved by the parties in writing.
- 5. The findings contained in the Findings of Fact portion of this Consent Agreement are conclusive evidence of the facts stated herein between only Respondent and the Board for the final disposition of this matter and may be used for purposes of determining sanctions in any future disciplinary matter.
- 6. This Consent Agreement is subject to the Board's approval, and will be effective only when the Board accepts it. In the event the Board in its discretion does not approve this Consent Agreement, this Consent Agreement is withdrawn and shall be of no evidentiary value, nor shall it be relied upon or introduced in any disciplinary action by any party hereto, except that Respondent agrees that should the Board reject this Consent Agreement and this case proceeds to hearing, Respondent shall assert no claim that the Board was prejudiced by its review and discussion of this document or of any records relating thereto.
- 7. Respondent acknowledges and agrees that the acceptance of this Consent Agreement is solely to settle this Board matter and does not preclude the Board from instituting other proceedings as may be appropriate now or in the future. Furthermore, and notwithstanding any language in this Consent Agreement, this Consent Agreement does not preclude in any way any other state agency or officer or political subdivision of this state from instituting proceedings, investigating claims, or taking legal action as may be appropriate now or in the future relating to this matter or other matters concerning Respondent, including but not limited to violations of Arizona's Consumer Fraud Act. Respondent acknowledges that, other than with respect to the Board, this Consent Agreement makes no representations, implied or

otherwise, about the views or intended actions of any other state agency or officer or political subdivision of the state relating to this matter or other matters concerning Respondent.

- 8. Respondent understands that once the Board approves and signs this Consent Agreement, it shall constitute a public record that may be disseminated as a formal action of the Board.
- 9. Respondent further understands that any violation of this Consent Agreement constitutes unprofessional conduct pursuant to A.R.S. § 32-3251(16)(n) and may result in disciplinary action pursuant to A.R.S. § 32-3281.
- 10. The Board therefore retains jurisdiction over Respondent and may initiate disciplinary action against Respondent if it determines that they have failed to comply with the terms of the Consent Agreement or of the practice act.

The Board issues the following Findings of Fact, Conclusions of Law and Order:

FINDINGS OF FACT

- 1. Respondent is the holder of License No. LCSW-13050 for the practice of social work in the state of Arizona.
- 2. From 04/16 Present, Respondent provided behavioral health services to an adult female client ("Client").
- 3. Respondent's clinical record for Client contained the following documentation deficiencies:
 - a. The consent for treatment was missing the following required elements:
 - Purpose of treatment.
 - General procedures to be used in treatment, including benefits,
 limitations, and potential risks.
 - Notification of the licensee's supervision or involvement with a treatment team of professionals.

- Methods for the client to obtain information about the client's records.
- The client's right to participate in treatment decisions and in the development and periodic review and revision of the client's treatment plan.
- The client's right to refuse any recommended treatment or to withdraw consent to treatment and to be advised of the consequences of refusal or withdrawal.
- Respondent prepared six (6) treatment plans that did not include the date they would be reviewed.
- c. One (1) treatment plan was not signed by Client.
- d. Respondent's telepractice documentation was missing several required elements.
- 4. Despite being in a private practice setting since 2015, Respondent was not aware of her documentation deficiencies.
- 5. Additionally, when Respondent switched from handwritten to electronic records, it appears that Respondent began to copy and paste progress notes during numerous sessions with Client.
- 6. Respondent represented the following to Board staff regarding her progress notes:
 - a. The notes appear to have the same content due to her "own life stressors, I guess."
 - b. Licensee feels the notes are accurate and does not feel notes need to have unique content.
 - c. The notes still cover what was addressed in treatment.

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- 7. After receiving the Board complaint, Respondent took the following remedial measures:
 - Respondent completed 11 hours of behavioral health continuing a. education hours.
 - b. Respondent provided Board staff with updated consent for treatment and telepractice templates that appear to meet minimum Board requirements.

CONCLUSIONS OF LAW

- 1. The Board has jurisdiction over Respondent pursuant to A.R.S. § 32-3251 et seg. and the rules promulgated by the Board relating to Respondent's professional practice as a licensed behavioral health professional.
- 2. Pursuant to A.R.S. § 32-3281(D)(3), if the Board finds that Respondent's conduct is not of sufficient seriousness to merit direct action against them, it may issue a nondisciplinary order requiring Respondent to complete a prescribed number of hours of continuing education in an area or areas prescribed by the Board to provide them with the necessary understanding of current developments, skills, procedures or treatment.

ORDER

Based upon the foregoing Findings of Fact and Conclusions of Law, the parties agree to the provisions and penalties imposed as follows:

Continuing Education

1. In addition to the continuing education requirements of A.R.S. § 32-3273, within 12 months of the effective date of this Consent Agreement, Respondent shall complete 6 clock hours of the NASW Staying Out of Trouble continuing education course or an equivalent course addressing current behavioral health documentation standards in Arizona. All required continuing education shall be pre-approved by the Board Chair or designee. Upon completion, Respondent shall submit a certificate of completion of the required continuing education.

Licensee Name

Respondent shall practice behavioral health using the name under which they
are licensed. If Respondent changes their name, they shall advise the Board of the name
change as prescribed under the Board's regulations and rules.

Early Release

 After completion of the required continuing education, Respondent may request early release from this Consent Agreement.

General Provisions

- 4. Respondent must submit a written request to the Board for release from the terms of this Consent Agreement at least 30 days prior to the date they would like to have this matter presented before the Board. Respondent may appear before the Board, either in person or telephonically. Respondent must provide evidence that they have successfully satisfied all terms and conditions in this Consent Agreement. The Board has the sole discretion to determine whether all terms and conditions of this Consent Agreement have been met and whether Respondent has adequately demonstrated that they have addressed the issues contained in this Consent Agreement. In the event that the Board determines that any or all terms and conditions of this Consent Agreement have not been met, the Board may open up a complaint which will be subject to the provisions of A.R.S. § 32-3281.
- Respondent shall bear all costs relating to completion of all terms required in this
 Consent Agreement.
- Respondent shall be responsible for ensuring that all documentation required in this Consent Agreement is provided to the Board in a timely manner.
 - 7. This Consent Agreement shall be effective on the date of entry below.
- 8. This Consent Agreement is conclusive evidence of the matters described herein and may be considered by the Board in determining appropriate sanctions in future cases.

PROFESSIONAL ACCEPTS, SIGNS AND D	MIES INIS CONSENT AGREEME
2 Rebecca Tolman, LCSW Rebecca Tolman, LCSW (Jul 28, 2021 11:36 PDT)	Jul 28, 2021
Rebecca J. Tolman	Date
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BOARD ACCEPTS, SIGNS AND DATES	THIS CONSENT AGREEMENT
By: Mali Zanola_	Jul 28, 2021
TOBI ZAVALA, Executive Director Arizona Board of Behavioral Health Examiner	Date rs
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ORIGINAL of the foregoing filed Jul 28, 202	21
with:	
Arizona Board of Behavioral Health Examiners 1740 West Adams Street, Suite 3600	
Phoenix, AZ 85007	
EXECUTED COPY of the foregoing sent electronical	_{lly} <u>Jul 28, 2021</u>
to:	
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2005 North Central Avenue Phoenix, AZ 85004	
Debage I Telmon	
Rebecca J. Tolman Address of Record	
Respondent	
Flynn P. Carey One Renaissance Square	
2 North Central Ave, Suite 1450 Phoenix, AZ 85004	
Attorney for Respondent	
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